Educational Psychology 101: Foundations of Academic Success (1 credit)

Using an innovative pedagogical approach to provide academic success strategies for students on probation, or who need additional support.

Special features of this course:
• **Modified flipped classroom**: Instructional content partially delivered online; in-class time includes peer and instructional support on applying academic strategies.
• **Mid-semester recovery option**: Students who learn they are on probation late the previous semester or who determine they need additional support may join the course mid-semester.

Course curriculum:
• **Reflect and confront**: Address challenges from last semester.
• **Plans and changes**: Planning for positive academic behaviors, coping with current and anticipated challenges.
• **Assessing learning tools**: Reading, note-taking, and lecture review strategies. What’s working? What needs improvement?
• **Management**: Time/project management and planning.
• **Doing the work**: Resources and strategies for completing written assignments and projects.
• **Test taking**: Exam strategies.
• **Strengths**: Developing confidence and addressing anxiety; persevering in the face of setbacks.

Educational Psychology 104: Pathways to Success at UWM (3 credits)

Provides students with knowledge of and connection to campus resources, helping with study skills and time management in order to be successful at UWM.

Student Outcomes:
• **Over 75%** of the students agreed that the course helped them develop study and organizational skills, feel connected to UWM, and feel confident in their ability to be successful (Fall 2016).
• **Over 90%** of students feel the course prepared them to be successful at UWM and improved feelings of belonging (Fall 2017).
• **All respondents** indicated that the course helped them better understand their major or options for their major (Fall 2017).

Audience:
First year, vulnerable and opportunity students, students on academic probation.

Semesters/dates/times offered:
Fall; MWF multiple times.

Audience:
First year, vulnerable and opportunity students, students on academic probation, students who may benefit from some structure and/or academic skills focused on specific courses.

Semesters/dates/times offered:
Spring; multiple times/days.
Educational Psychology 110: Planning Your Major, Career

Students engage in major exploration through a set of guided activities and career planning assessments. Career intervention coursework has been shown in several meta-analytic studies and literature reviews to be an effective method of career intervention for undecided students (Brown & Ryan Krane, 2000; Reardon & Lentz, 2018; Whiston et al., 2017). 3 credits.

Special features of this course:
- Teaches students to use O*NET and Bureau of Labor Statistics data in career exploration.
- Guides students in exploring their interests, values, and skills and matching them with offered majors at UWM.
- Is grounded in vocational psychology theory and research.
- Is empirically supported as an effective method of intervention:
  - Prior to the development of EDPSY 110, students reported a lack of awareness of career services, and greater difficulty in making a career decision (Fouad et al., 2006).
  - According to the UWM Office of Institutional Research, all students across cohorts (2005-2013) who have taken EDPSY 110 and passed the course have generally declared majors and persisted to graduation significantly earlier than those who did not take the course or those who took the course and did not pass.
  - Students in EDPSY 110 reported higher career decision-making self-efficacy, and lower difficulties with making a career decision (Fouad, Cotter, & Kantemneni, 2009). Recent data continues to show support for these findings (Kozlowski et al., 2017).

What students have said:
"The assignments in this class helped me think about the major I wanted to choose."
"The assignments in this class were very helpful to me when trying to discover the major I wanted to pursue."

Audience:
Undecided students, students wanting help choosing a major within a metamajor.

Semesters/dates/times offered:
Spring and Fall; multiple times/days